

Rapid City Invitational Junior Varsity Track Meet

Tuesday April 17, 2018

O'Harra Stadium, Rapid City, SD **12:00 p.m.**

1. **Schools Invited:** Rapid City Central, Rapid City Stevens, Belle Fourche, Lead-Deadwood, Douglas, Custer, Hill City, Red Cloud, Sturgis, Hot Springs, Spearfish, Newell, St. Thomas More, Rapid City Christian
 2. **Entries:** Unlimited entries per school in each event. Each athlete will be limited to four (4) events. One Relay per school.
 3. **Track:** Track is all weather surface. Please use 3/16 cone shaped spikes. Needle point spikes will not be allowed. Spikes will be inspected.
 4. **Entries:** Included are specific instructions for submitting entries online for the *Rapid City JV Invitational*.
- ENTRIES WILL BE SUBMITTED USING ATHLETIC.NET
 5. **Field Events:** Three Attempts and Three attempts for Finals
Throwing and Horizontal Jumps: Three (3) Attempts in each event-Three (3) attempts in Finals
High Jump and Pole Vault: Starting heights to be determined at the event.
 6. **Awards:** No entry fee is charged, no awards will be given and no team points will be kept.
 7. **Cancellation:** If cancellation/postponement is necessary, information will be announced on the local television and radio stations.
 8. **Questions:** Please contact Darren Paulson at Rapid City Central (390-7810) or Jared Vasquez at Stevens (431-3950)
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Event Schedule

Field Events: 12:00 p.m.

<u>Shot Put</u>	<u>Discus</u>	<u>High Jump</u>	<u>Long Jump</u>	<u>Triple Jump</u>	<u>Pole Vault</u>
Boys	Girls	Girls	*Girls/Boys	*Girls/Boys	Girls
Girls	Boys	Boys			Boys

*Both Boys and Girls Long Jumps will be run at the same time on different pits. The Boys and Girls **Triple Jumps** will be run *following* the Long Jumps on different pits.

Running Events: 12:30 p.m.

Girls-Boys 3200 m Run (Combined)

Girls 100 m Hurdles

Boys 110 m Hurdles

Girls 3200 m Relay

Girls 100m Dash

Boys 100m Dash

Boys 3200 m Relay

Girls 800m Relay

Boys 800 m Relay

Girls 1600m Run

Boys 1600m Run

Girls 400m Relay

Boys 400m Relay

Girls 400m Dash

Boys 400m Dash

Girls 300m Hurdles

Boys 300m Hurdles

Girls Medley Relay

Boys Medley Relay

Girls 800m Run

Boys 800m Run

Girls 200m Dash

Boys 200m Dash

Girls 1600m Relay

Boys 1600m Relay